

Start in the field by kiss gate (GR455914) and follow the flags to the Dremlang kiss gate. From there ascend by any route to CP1, located at the lower foot of the '3-legs'. Contour around to CP2, located next to the stile on the main ridge path, before continuing around to CP3 and the flag pole at the crash site. Ascend the boulder field to the trig point at the summit of North Barrule, then descend to the finish by any route.

Compulsory Flagged section - outward leg only.

Start and Finish

CP1 - lower part of '3legs'

CP2 - Stile over drystone wall.

CP3 - Crash site flag pole.

CP4 - Trig point

Grand Tour of North Barrule Fell Race. Short (A)
4.5km (370m)/2.8miles (1214')

